

Personal Development Curriculum 2020/21

	T1	T2	T3	T4	T5	T6
Year 9	Resilience and Growth mind set including embracing adversity, self efficacy, SWOT analysis and SMART goal setting	Finance including balance sheets, budgeting, Bank accounts, Credit cards, savings and loans, money management, Ethical finance, Income tax	Puberty including female and male puberty, coping with change, supporting peers.	Drugs and Alcohol awareness including alcohol, Media, smoking, drugs and caffeine	British Values including British Liberty, Democracy, LGBT, Disability, Law, Harrassment, Diversity	Employability including CV's , interview technique searching for jobs health and safety
Year 10	Employment including CV, Personal statement Career planning, qualifications and introducing work experience	Relationships including are you ready, consent, positive friendships, acceptable behaviours,	Organising Work Experience	Sexual Health including contraception, STI's and are you ready	Emotional Wellbeing including self awareness, diet, anger management, mindfulness, self esteem, self harm	Behaviour in the work place including interpersonal skills, digital foot print, health and safety
Year 11	Place in the world including careers, British values, work ethic, anti-bullying.	Rights including human rights, equality, Religious beliefs,	Respect including Martin Luther King, LGBTQ+, environment,	Self including motivation, managing stress, Drug testing in sport and stage, youth homeless, Social media,	Exam support	

Main topic for the half term in bold, a short summary of topics covered following. Each student receives 1 hour per week lesson in year 9 and 10 only, along with weekly assemblies, some topics covered in examination subject lessons as well as tutor time and ad hoc outside agencies and teacher input.



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