



Curriculum Rationale				
Subject	AQA GCSE PE			
		Key Stage 4		

Intent

AQA GCSE Physical Education Specification

There are 3 core areas of learning within the GCSE PE course; you may have a lesson on one specific area or it could be a combination of all 3 areas.

The human body and movement in physical activity and sport

Socio-cultural influences and well-being in physical activity and sport

Non-exam assessment: Practical performance in physical activity and sport

Practical Components = 40% - 3 Practical performances in sport and 1 piece of analysis and evaluation coursework.

Theoretical Components = 60% - 2 exam papers each worth 30%

The AQA GCSE PE curriculum is ideal for able Sporting students who are both practically strong and academically able. It is highly recommended that each student studying this route-way competes at a competitive level in a minimum of two sports outlined on the specification.

Implementation

It is not expected that a student who attends LeAF Studio and enrols on the Sports Specialism Pathway will have been taught any theoretical knowledge at their previous school. We cover the foundations of Components of Fitness and Training Methods in Year 9.

Those selected for GCSE PE will consolidate their learning of the above by comparing and contrasting the initial topics they have studied.

Year 10 students explore the human body and movement in physical activity and sport and learn both in the classroom and practically applying knowledge. Trips to the AECC and BU will allow the students to explore training and testing methods in a scientific laboratory setting and will critically analyse the validty and reliability of results – an advanced skill needed for examination.

Year 10 students will continue to learn the socio-economic impacts of sport and the impact of commercialisation on the sport. During this time, students will be offered a trip to a major sporting event in the UK to see first-hand the impact of media and sponsorship on sporting events and competitions.

In addition to the above students will be expected to partake in regular training and competition outside of school in two sports. Practical video evidence will be required of these competitive matches/competitions and students will be responsible for recording this.

During practical sessions, students will be taught badminton, volleyball and other sports for a third sport if they cannot find a suitable sport for examination themselves.

Students will have 3 hours a week theory and this is used to prepare for the exam paper through revision, practical explorations, active learning and group tasks.

Impact

It is expected that students who complete the GCSE PE course at LeAF Studio will develop and endorse their skillset in the academic world of sport to best prepare them for a professional career in the sports industry.

Students who complete the course successfully are well prepared for further courses in BTEC Sport / A level PE.

Study for GCSE PE will enable our dual career athletes to have a greater understanding of their own sporting performance and ways to improve for the future.